

INFLAMMATORY PATHWAY

#1. Linoleic Acid (LA)

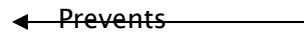
(From Trauma, Omega-6 oils in processed food—corn, soy, trans fats especially)



#2. DHGLA

Insulin

(from white flour, white sugar,
And High Fructose Corn Syrup)



EPA

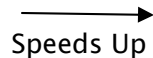
(from Fish Oil)



#3. Arachidonic Acid (AA)

(Also from Meat, especially red meat, corn, grain or soy-fed animals)

Cox 1/2 Enzyme



#4. Prostaglandin (PG)

